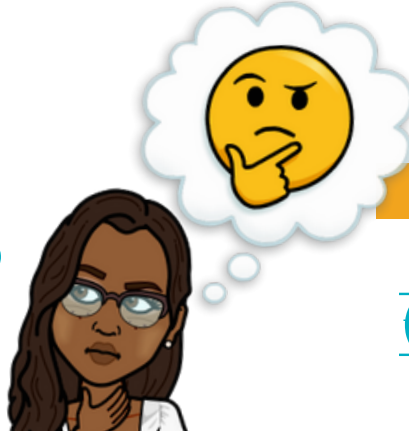


# little bodies BIG FEELINGS

with Miss Regina



TODAY'S BIG FEELING:

## CURIOSITY



### Welcome Song

I LOVE ME

(to the tune of "Three Blind Mice").

I love me, I love me  
So very much, So very much  
I can reach high and touch the sky  
I love me, I love me



### Feelings Check-In



### Story

Whose Hat Is That? by Anita Bijsterbosch



### Movement Rhyme

THIS IS BIG, BIG, BIG

This is big, big, big.  
This is small, small, small.  
This is short, short, short.  
This is tall, tall, tall!  
This is fast, fast, fast.  
This is slow, slow, slow.  
This is yes, yes, yes.  
And this is no, no, no!



### Story

Not a Box by Antoinette Portis



### Rhyme

THERE'S SOMETHING IN THE GARDEN

There's something in the garden  
That I can't really see  
There's something in the garden  
What can it be?  
Hear it's little sound:  
Moo... Moo  
What animal makes that sound? (Cow)  
That's right! A cow it what I found!  
(Make animal noise together)  
*Go through several animals, clapping and singing  
the rhyme each time*



### Maybe Story

What If...by Samatha Berger

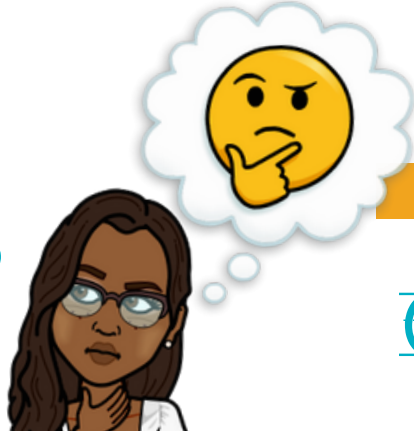


### Counting Song

How many fingers on one hand?  
How many fingers on one hand?  
How many fingers on one hand?  
Let's all count together , 1-2-3-4-5  
How many fingers on two hands?  
How many fingers on two hands?  
How many fingers on two hands?  
Let's all count together ,  
1-2-3-4-5, 6-7-8-9-10

# little bodies BIG FEELINGS

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TODAY'S BIG FEELING:

## CURIOSITY



### Affirmation

I AM

- I am great! (Arms wide)
- I am smart! (Finger to head)
- I am strong! (Flex muscles)
- I am loved! (Hug yourself)
- Today is an awesome day! (Jump in the air, fist pump)

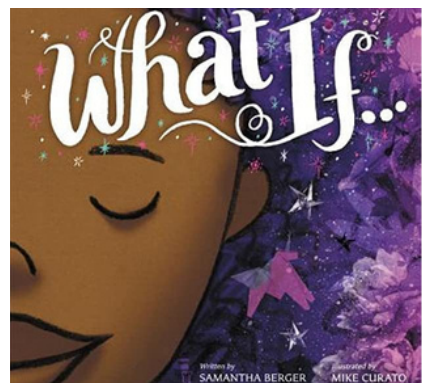
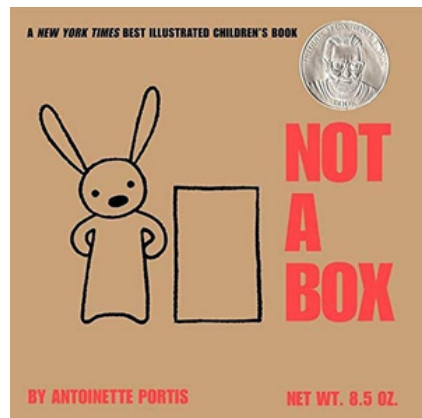
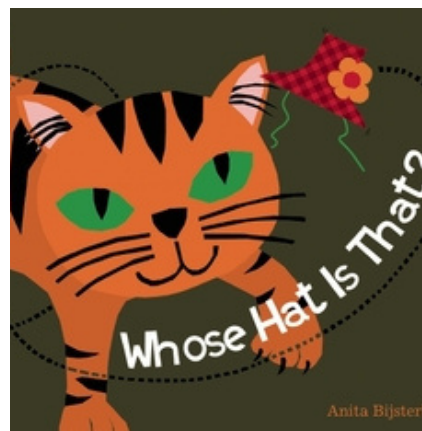


### Feelings Check-In

### So Long Song

#### We Wave Goodbye Like This

- (Tune: "Farmer in the Dell")
- We wave goodbye like this.
  - We wave goodbye like this.
  - We clap our hands for all our friends.
  - We wave goodbye like this.



Today we read...