

GETTING STARTED ON INSTAGRAM

1. Visit the Google Play store for Androids or App Store for iOS products.
2. Sign up for an Instagram account and choose a username that clearly represents **you/your brand.**
3. Add a profile photo, a biography and a link to your website, if applicable.
4. **Link your account to Facebook and any other third-party sharing sites where you have an account.** This allows you to share photos and stories, as well as make it simple for friends to find you across platforms.
5. POST AWAY!!! 😊

PRIVACY!!!

By default, anyone can see your profile and posts on Instagram. You can make your account private so that only followers you approve can see what you share. If your account is set to private, only your approved followers will see your photos or videos.

Once you make your account private, people will have to send you a follow request to see your posts, your **followers** list or your **following** list.

If someone was already following you before you set your posts to private and you do not want them to see your posts, you can block them.

People can send a photo or video directly to you even if they are not following you, although you can decline to accept anything from them, if you wish. You can access this by going to your profile, and going into settings.